



Women of the Bible

Ruth – Model of Kindness

Lesson 4

Ruth was a woman of loyalty, sensitivity, compassion, unfailing devotion, virtue and honor to name a few. But it was her kindness towards her mother-in-law and God's people that brought her the greatest honor of all – being an ancestor in the lineage of our Lord Jesus! Ruth was for the most part a “nobody.” She didn't have a prominent position or come from a godly family yet God saw her, and her kindness didn't go unnoticed. Let Ruth's life example be an encouragement for us and a model to pattern our lives after. Like Ruth, let your character shine. Commit your life to God and there will be no limit as to what He can do through you.

Open your Bible and begin with a word of prayer

This Week's Scripture: Ruth 3:1-18

¹Then Naomi her mother-in-law said to her, “My daughter, shall I not seek security for you, that it may be well with you? ²Now Boaz, whose young women you were with, is he not our relative? In fact, he is winnowing barley tonight at the threshing floor. ³Therefore wash yourself and anoint yourself, put on your best garment and go down to the threshing floor; but do not make yourself known to the man until he has finished eating and drinking. ⁴Then it shall be, when he lies down, that you shall notice the place where he lies; and you shall go in, uncover his feet, and lie down; and he will tell you what you should do.” ⁵And she said to her, “All that you say to me I will do.” ⁶So she went down to the threshing floor and did according to all that her mother-in-law instructed her. ⁷And after Boaz had eaten and drunk, and his heart was cheerful, he went to lie down at the end of the heap of grain; and she came softly, uncovered his feet, and lay down. ⁸Now it happened at midnight that the man was startled, and turned himself; and there, a woman was lying at his feet. ⁹And he said, “Who are you?” So she answered, “I am Ruth, your maidservant.

Take⁶ your maidservant under your wing, for you are a close relative.”¹⁰Then he said, “Blessed are you of the Lord, my daughter! For you have shown more kindness at the end than at the beginning, in that you did not go after young men, whether poor or rich.”¹¹And now, my daughter, do not fear. I will do for you all that you request, for all the people of my town know that you are a virtuous woman.”¹²Now it is true that I am a close relative; however, there is a relative closer than I.”¹³Stay this night, and in the morning it shall be that if he will perform the duty of a close relative for you—good; let him do it. But if he does not want to perform the duty for you, then I will perform the duty for you, as the Lord lives! Lie down until morning.”¹⁴So she lay at his feet until morning, and she arose before one could recognize another. Then he said, “Do not let it be known that the woman came to the threshing floor.”¹⁵Also he said, “Bring the shawl that is on you and hold it.” And when she held it, he measured six ephahs of barley, and laid it on her. Then she went into the city.¹⁶When she came to her mother-in-law, she said, “Is that you, my daughter?” Then she told her all that the man had done for her.¹⁷And she said, “These six ephahs of barley he gave me; for he said to me, ‘Do not go empty-handed to your mother-in-law.’”¹⁸Then she said, “Sit still, my daughter, until you know how the matter will turn out; for the man will not rest until he has concluded the matter this day.” (Should you want further information regarding Ruth, please read the Book of Ruth.)

This Week’s Memory Verse:

**And be kind to one another, tenderhearted, forgiving one another,
even as God in Christ forgave you.**

Ephesians 4:32(NKJV)

1. It is said that during hardships the true nature of a person comes out. What do the following verses tell us about enduring and maintaining the right attitude during trials?
 - a. James 1:2-4: _____

 - b. Romans 5:3-4: _____

 - c. 1 Peter 4:12-13: _____

2. Which of the above verses encourages you the most and why? _____

3. It was Ruth's steadfast kindness that drew the attention of Boaz, who went on to be her kinsman redeemer and husband. What does 1 Peter 1:18-19 tell us about our redeemer?

Reflect and Respond – Ruth was an extraordinary woman who did not know what the future held but she believed in the God of the Israelites. Philippians 4:19 tells us; “And my God shall supply all your need according to His riches in glory by Christ Jesus.” Ruth trusted God and we should also because He is faithful. No matter the circumstances, God promises to take care of you. How does this effect your attitude towards trials and tribulations? _____

Result – Consider today's bible study lecture. What one lesson will you take away from this study and apply to your walk with the Lord? _____
