

CALVARY CHAPEL SOUTH BAY  
**MEN OF THE WORD**  
MEN'S MINISTRY  
2020 - 2021

**1 Peter – “A Living Hope”**

**Session 14**

**1 Peter 4:1-6 (NKJV)**

**“Arm yourself for victory”**

Jesus died **“in the flesh”** for our sins. In this week’s passage, Peter gives you some truths that you must **“arm yourself”** with if you are to follow Christ example by dying to your flesh. If you are to walk in the victory Christ has won on the cross for you, you must recognize that you are in a battle, that the battle is with your own flesh, and though the flesh will always be with us in this life, we don’t have to live in it. As you study and meditate on this passage, ask the Holy Spirit to renew your heart with a willingness to suffer in the flesh that you might not live any longer for the lusts of men but for the will of God.

**Personal Study Time Questions:**

**Scripture: 1 Peter 4:1**

What did Jesus do **“for us”**? What does Peter then call us to do in response? When we do it, what will be the result?

**Scripture: Philippians 2:5-8**

In your own words, paraphrase what Paul says was the mind (or attitude) Christ had that we are to follow?

**Scripture: 1 Peter 4:2**

When we arm ourselves with the attitude of dying to the flesh, what will be the difference between how we once lived with how we will spend the **“rest of our time”**?

**Scripture: Romans 6:10-13**

Paul shows us this same contrast of a transformed life in Romans 6 that we must grasp if we are to NOT live according to the flesh. It involves a transformation in both thought and deed. What is the contrast of thought we must **“reckon”** according to v.10? What is the contrast of action we are to now take?

**Scripture: 1 Peter 4:3-4**

What was our **“past lifetime”** filled with when we did the will of the Gentiles (the flesh)? What temptation from the world does v.4 reveal we must arm ourselves against if we are to say ‘enough is enough’ when it comes to the flesh?

**Scripture: 1 Peter 4:5**

What kind of ‘weapon’ does this verse reveal we can use when those we used to run with tell us we’re crazy, and try to draw us back into the same old **“dissipation”**?

**Scripture: Galatians 4:16-18**

One weapon we don’t want to arm ourselves with is our own self-effort in obeying the law in order to have victory over our flesh. What does Paul say we must do in order to not fulfill the **“lusts of the flesh”**? Why is it useless to battle our flesh WITH our flesh (or self-effort)? What do we need to do in order to not be led around by our own flesh?

### Personal Application:

We see in this passage that it isn't only our own flesh we have to arm ourselves against, but the flesh of the rest of the world as well. Peer pressure can be a powerful enemy.

What have you learned from this lesson about how to fight (arm yourself) against your own flesh when it "***lusts against the Spirit***" in you (Galatians 4:17)? Think of past temptations you failed in, and how you might battle them differently as a result of this lesson. What would be a good tactic to take when others try to lure you back into your old ways of living in the flesh?

### Hiding God's Word in your heart (Ps. 119:11):

"Therefore, since Christ suffered for us in the flesh, arm yourselves with the same mind, for he who has suffered in the flesh has ceased from sin, that he no longer should live the rest of his time in the flesh for the lusts of men, but for the will of God."

1 Peter 4:1-2