



EPHESIANS

BLESSED • ACCEPTED • BELONG

“So we praise God for the glorious grace he has poured out on us who belong to his dear Son.” Ephesians 1:6 (NLT)

LESSON 1 - PRECIOUS TREASURE

Welcome to our Women’s Bible Study! What a great year in the book of Ephesians we have ahead of us. This book is not only full of treasures to remind you of your riches in Christ but also to remind you that you are a precious treasure. As a daughter of God you have been blessed with every spiritual blessing. This means you are more than able to handle everything life here on earth hands you. Why? Because your Heavenly Father has seen to it that you are fully equipped. Notice He didn’t just give you some spiritual blessings, but every spiritual blessing. We’ll begin to look at these next week, but for now take a moment to pause and ask the Holy Spirit to open your eyes to all God has in store for you in the book of Ephesians. Pray specifically that you will come to understand how much you are Blessed, Accepted, and Belong!

Open your Bible and begin with a word of prayer.

THIS WEEK’S SCRIPTURE: EPHESIANS 1:1-3 (NLT)

¹This letter is from Paul, chosen by the will of God to be an apostle of Christ Jesus. I am writing to God’s holy people in Ephesus, who are faithful followers of Christ Jesus. ²May God our Father and the Lord Jesus Christ give you grace and peace. ³All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.

This Week’s Memory Verse:

*May God our Father and the Lord Jesus Christ give you grace and peace.
Ephesians 1:2 (NLT)*

1. Paul begins his letter to the Ephesians by stating that he was “chosen” to be an apostle. An apostle is one who is “sent out.” Those of us who have received Christ have also been chosen for a purpose, and although each of our purposes are different, there are some that remain constant. What do the following verses tell us about our chosen purposes?

a. John 15:16-17: _____

b. 1 Peter 2:9: _____

c. These verses contain many purposes for the believer. Perhaps you have never seen yourself as having a real purpose in the Kingdom of God. According to these “purposes” which one stands out to you and why.

2. In verse 2 of our scripture, Paul requests that God and the Lord Jesus Christ give us grace and peace. What importance do the following verses give us regarding these two?

a. Ephesians 2:8-9 (Grace): _____

i. What is the key word to receiving this grace? _____

b. Isaiah 26:3 (Peace): _____

i. What is the key phrase to receiving this peace? _____

c. It is said that because we have received God’s grace, we have peace with God, but what do you desire most at this time in your life? God’s grace? Peace? Or both? Is there something holding you back from receiving these gifts? Share your thoughts. _____

