



EPHESIANS

BLESSED • ACCEPTED • BELONG

*“So we praise God for the glorious grace he has poured out on us who belong to his dear Son.”
Ephesians 1:6 (NLT)*

LESSON 2: COUNT YOUR MANY BLESSINGS

There’s an old hymn that says, “Count your many blessings, name them one by one, and it will surprise you what the Lord has done.” I’m certain as we look at the few short verses we will study in Ephesians chapter 1 this week, that we will be pleasantly surprised by our many blessings! The fact that God loves us, chose us, adopted us, and has showered us with His kindness are just a few of the blessings we can count from our lesson. Before answering the questions below, take time to pause and recount some of your own personal blessings from the Lord. Let’s trust this stanza from our hymn: “Count your many blessings, every doubt will fly, and you will keep singing as the days go by.” Amen and Amen.

Open your Bible and begin with a word of prayer.

THIS WEEK’S SCRIPTURE: EPHESIANS 1:4-8 (NLT)

⁴Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. ⁵God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. ⁶So we praise God for the glorious grace he has poured out on us who belong to his dear Son. ⁷He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. ⁸He has showered his kindness on us, along with all wisdom and understanding.

This Week’s Memory Verse:

*He is so rich in kindness and grace that he purchased our freedom with the blood of his Son
and forgave our sins. Ephesians 1:7 (NLT)*

1. In order to truly understand verse 4 of this week's scripture, we must go back to the beginning, the very beginning. Read the account of the beginning of time in Genesis 1:1-2 and answer the following questions.
 - a. Who made the heavens and the earth? _____
 - b. What did the earth look like when He began? _____
 - c. What was the Spirit of God doing at this time? _____

2. Imagine, if you will, that God loved you before He created the world and He made a way for us to know Him. Summarize what John 1:1-14 tells us of the "beginning" and how God planned to redeem us. _____

3. Verse 5 tells us that God has "adopted us into His family." What do the following verses tell us about being children of God?
 - a. Romans 8:14-17: _____

 - b. 1 John 3:1: _____

 - c. Galatians 4:5-7: _____

 - d. Does knowing that you have been adopted by God give you a more clear understanding of your importance to Him? Why or why not? _____

4. Our scripture this week recounts many blessings that we have received as children of God. See the list below and note what each of these mean to you.
 - a. God loved me: _____
 - b. God chose me: _____
 - c. Adopted me: _____
 - d. Poured out His grace on me: _____

