

Jesus' Temptation and the Parable of the Two Builders

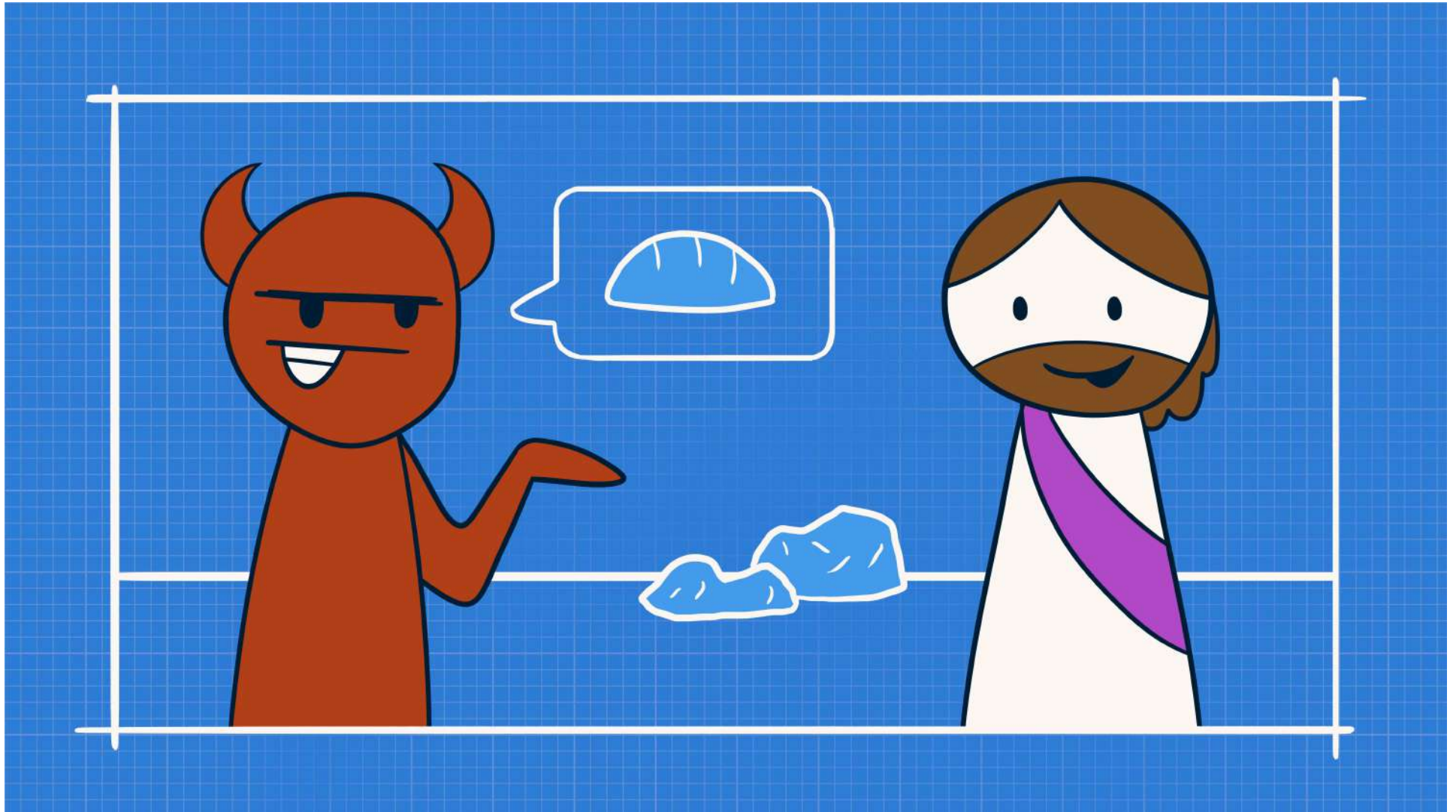
Matthew 4:1-10, 7:24-27

This true story from the Bible is about a time when Jesus was dealing with some of the same things we feel. We can learn from His example and deal with how we're feeling, just like He did!

There was a time when Jesus spent 40 days and nights in the desert, and while He was there, He didn't eat a single thing. Do you think Jesus was hungry? (Yes)

I'm sure He was VERY hungry! That mixed with feeling hot and tired, He may have even felt a little hangry—that means hungry angry! When you've gone without food for awhile, what's your favorite thing to eat? (Allow responses) Oh, yum! I'm getting hungry now just thinking about all of that food!

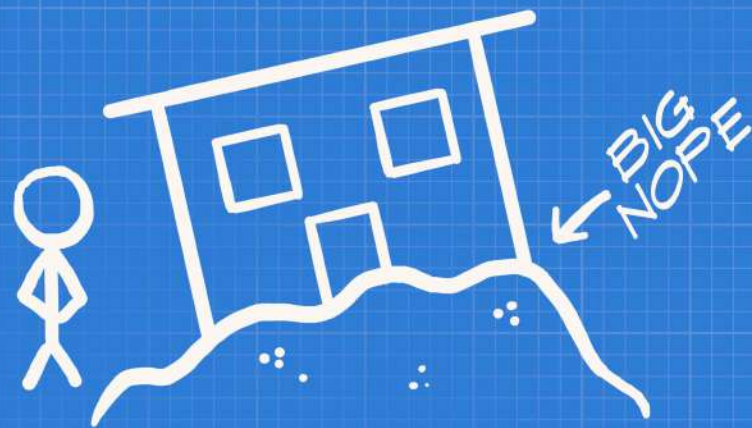
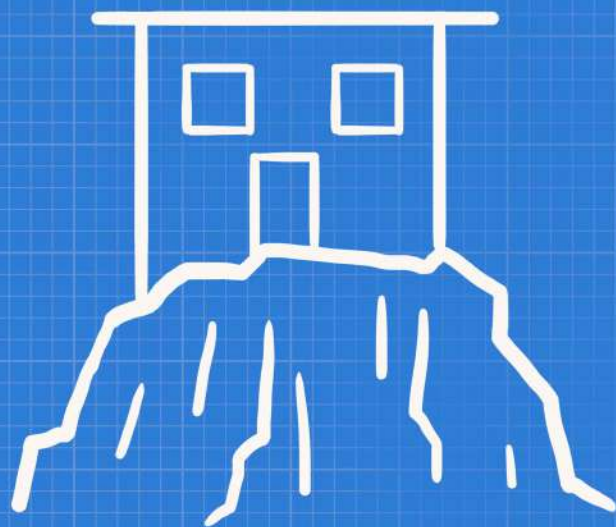
Let's keep reading to see how Jesus dealt with how He was feeling.



While Jesus was all alone in the desert, the devil came to him and said, “If you are the Son of God, tell these rocks to become bread.” Jesus could have totally made the rocks into anything He wanted to and eaten them right up. But instead, Jesus dealt with how He felt by telling the devil, “It’s not just bread that keeps people alive. Their lives depend on what God says.”

Do you think the devil went away when Jesus told him no? (Allow responses) Nope! The devil kept on. He tried to tempt Jesus two more times! But every single time, Jesus remembered what God’s Word says, and it helped Him do the right things!

Jesus believed that God’s Word was the best Blueprint for our lives. He spent His entire life teaching others God’s Blueprint, too! Here’s one of the stories He told.



Jesus said, “Whoever hears these teachings of mine and obeys them is like a wise man who built his house on rock. It rained hard, the floods came, and the winds blew and beat against the house. But it did not fall because it was built on rock!”

But Jesus also said, “Whoever hears these teachings of mine and does not obey them is like a foolish man who built his house on sand. It rained hard, the floods came, and the winds blew and beat against that house. And it fell with a loud crash.” Let me hear you make your best loud crashing noise! (Allow responses) Yeah, it probably sounded something like that! That’s because sand is not a firm foundation!



GOD'S WORD

Jesus wanted us to remember that we should build our lives like the man who built his life on the rock—a firm foundation! See, God's Word is the firm foundation that we can build our lives on! When we're trying to figure out how to deal with how we're feeling, we can go to God's Word and it will help us know exactly what we should do!

Everyone, let's say what we need to know together:

I Need to Deal (pound fist on flat palm)

With How I Feel (fist to heart)