



FAMILY LESSON - WEEK 1

No Materials Needed

CIRCLE UP

Use this time to gather together and get everyone talking.

ASK If you could be any creature that lives in the sea, what would you be?

SAY In this new series, we're going to dive into God's Word and see how we can be more like Jesus as we follow Him! Let me hear you say this after me:

Follow (walk in place)

Jesus (both hands point up)

WATCH

Watch today's Elementary and/or Preschool video on the web page where you found this lesson or on the KidSpring App or YouTube channel.

ASK your Elementary Schooler:

What did Peter realize about Jesus? (Jesus was God's Son and the rescuer God had promised to send)

What does it mean to follow Jesus? (Spend time getting to know Him, obey Him, tell others about Him)

ASK your Preschooler:

How can you follow Jesus? (Read about Him in the Bible, do what He says to do, tell others about God's love, worship Jesus, and follow others who love Jesus)

HAVE FUN TOGETHER

Play a game together to help kids know they can follow Jesus every day!

PLAY

Play "Follow the Leader!"

Have your family watch you and follow the motions that you do. Tell them to be watching carefully so they can quickly change motions when you do.

Motions could include: patting your legs, clapping, rubbing your stomach, snapping, waving your arms, pretending to swim, etc.

Take turns allowing each family member to be the "leader."

SAY

How did you know when to do a different motion? (By watching the leader)

Yes! You had to watch and follow the motions the leader did! Just like you followed the leader during the game, you and I can follow Jesus by doing the things He did. Say this after me one more time:

Follow (walk in place)

Jesus (both hands point up)

DO

Have your kids repeat the verse after you in any of these fun ways:

- In a whisper voice, like a tiny sea snail
- In a deep voice, like a giant whale
- In a silly voice, like a clown fish

Elementary (ES)

"Come and follow me,"

(motion hands toward self)

Jesus said. (Both hands point up)

'I will send you out (walk in place)

to fish for people.'" (pat heart)

Mark 1:17 (make book with hands)

Preschool (PS)

"Jesus said, (both hands point up)

'Come follow me.'" (walk in place)

Mark 1:17 (make book with hands)

PRAY

Jesus, You are awesome! We know that following You is the best decision we could ever make. Please show us how to follow You every day. We love You! Amen!